

A close-up photograph of a man's torso. He is wearing a light blue button-down shirt and a brown jacket. He is pulling open the blue shirt with his right hand, revealing a white t-shirt underneath. The text 'THE BLESSED LIFE' is overlaid on the white t-shirt, with a large, semi-transparent blue letter 'D' behind it.

D
THE
BLESSED
LIFE

How do you enter into abundant living, and experience the endowment of God's favour and prosperity?

Rev Dominic Yeo unveils the practical steps to walking in the blessings and abundance of God.

At our Watchnight Service, we declared that we are entering into a season of abundant living. Jesus says in John 10:10, "I've come that you might have life and have life more abundantly." The life God has for us is not simply abundant life; it is the more-than-abundant life! If we believe this to be true, then we need to understand the keys to unlocking this abundant living that God has for us.

Just the other day, I felt the Lord directing me to read Psalm 1.

As I looked at Psalm 1, it seemed like there was another voice right beside me mocking, "Ever since you declared we are entering into Abundant Living, so many things have happened and so many people have fallen sick."

It seemed like the more I declared that we are entering into abundant living, the more things escalated. We had a record number of Trinitarians being hospitalised. The newspapers reported gloomy news, and the growth rate of the economy kept getting revised downwards! As your senior pastor, I came to a place of wondering if the things I said were out of sync. It



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was as if by proclaiming life, we were coming against the spirit of death.

I spoke to one of the board members of our church about this, and he said, "Pastor Dom, you're on the right track." As soon as he said that, alarm bells rang in my head. In a flash, God took me back to 1 Kings chapter 18 where Elijah stepped into a landscape of intimidation. Jezebel, under the unction of demonic spirits, was killing every prophet of God so that there would be no prophetic voice in the nation. The demonic forces went all out to quash the message of God for His people.

Right there and then, I knew that I needed to declare this message and declare it with greater conviction, because God's intent is for us to enter into abundant living. I want you to listen not only with your ears, but with your spirit, so that the spirit man within you begins to receive the clarion call of the Spirit of God for this season.

Allow me to share what God showed me from Psalm 1. It is a very familiar psalm. Psalm 1 is what I call a Faith Psalm. It is a psalm about how the just shall live by faith. It is a psalm full of the promises of God.



Psalm 1

Blessed is the man who does not walk in the counsel of the wicked or stand in the way of sinners or sit in the seat of mockers. But his delight is in the law of the Lord, and on his law he meditates day and night. He is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither. Whatever he does prospers. Not so the wicked! They are like chaff that the wind blows away. Therefore the wicked will not stand in the judgment, nor sinners in the assembly of the righteous. For the Lord watches over the way of the righteous, but the way of the wicked will perish.

“**Blessed** is the man”

The Psalmist David is not asking, “Are you blessed?” He begins with a powerful definitive statement. It is an imperative, an outright declaration. It’s a declaration from heaven straight into the reader. The voice of God that thunders forth from heaven declares us as “blessed”. This is God’s prophetic declaration into your life.

What does ‘blessed’ mean? The root word of ‘blessed’ means to be endowed with favour and prosperity. Let me give you an idea of what ‘endowed’ means. Many moons ago we used to have a ministry called Chi Alpha; it was our campus ministry. Whenever I preached at the campus camp, our campus pastors would tell the campers, “Wear your oldest T-shirt for the night service, because Pastor Dom will be anointing you with oil.”

Now, when we anoint you in our adult services, we do it quite distinguishably; we dab a little oil on you and that’s about it. But at the camp, I would have the committee bring crates of olive oil, and I would literally pour oil over each camper. The oil would flow from their head down their whole body, and the clothing they wore would be destroyed. That’s the picture of being endowed! To be endowed is to have

a continuous overflow of God’s favour and prosperity upon your life.

To be blessed is also about fulfilment. It is not just about money or riches. It is about experiencing the joy of God. When you enter into abundant living, you enter into the fulfilment of God for your life.



“Blessed is the *man*”

Everyone wants to have the favour of God, but why is it that some are blessed and others are not? I believe there are three types of people:

- Those who *want* the blessing
- Those who *are* the blessing because it is contained in them
- Those who *release* the blessing because they have been so blessed, they want to bless others.

I pray that you will belong to the latter two groups. Let’s examine this blessed man. The Bible makes it clear that there is a godly man and there is an ungodly man. The difference

between the two is that the ungodly man walks in the counsel of the wicked, stands in the way of sinners, and sits in the seat of mockers, whereas the godly man does not. There is a progression from ‘walking’ to ‘standing’ to ‘sitting’; from ‘wicked’ to ‘sinners’ to ‘mockers’. This shows the intensity of one’s fall.

- To 'walk' means to be accompanied by. The one who is blessed by God is one who does not allow the 'counsel of the wicked' – the designs, schemes, plans and purposes of the world – to accompany him. Jeremiah 29:11 tells us that God has a plan for your life. The one who walks in the plans and purposes of heaven will be blessed.

The one who allows the schemes of this world to accompany him will miss the blessing. If we allow ourselves to be accompanied by certain investment deals, by certain contracts, certain dealings, certain types of relationships, then everything results in disaster. But not so for the man of God – he does not walk in the counsel of the wicked but by the counsel of heaven.

- The word 'stand' here in Hebrew speaks of a posture. It is about taking a stand. You start out by entertaining the designs and schemes of this world. Very soon, you make a stand for it. After standing for some time, you just sit with the mockers.
- To 'sit' means to inhabit, to dwell, to live.. Now, you are part of this group called 'the mockers of God'. That's how we fall. That's why the Bible says this group will not be blessed.

The trilogy of expression shows us the intensity and regression of our Christian faith. When you regress, God cannot bless you. But God wants to bless you! His intent is that we will walk in His design, plans and purposes. Blessed is the man or the woman who is accompanied by the counsel of heaven, who stands upon the word of God, and who sits and dwells in the presence of God.



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“... But his *delight* is in the law of the Lord.”

The key to walking in the blessing of God is found in this word ‘delight’. To ‘delight’ means to desire, long, hunger and thirst. The man who experiences heaven’s endowment and deposit is one who has a longing for the laws of God. The Hebrew word for ‘law’ is ‘Torah’, which refers to the teaching, instructions, precepts and doctrines of God – the revelation and manifestation of who God is. This man has a hungering for the word and for God.

This man who delights in God longs for more of Him. Husbands, when you first fell in love with your wife, I am sure you longed to see her everyday. You had eyes only for her. You waited by the phone for a chance to call her. Even if you had nothing in particular to talk about, you were content to hold on to the phone and just keep quiet. You just longed for her presence. That’s what Psalm 42:1 is about: “As the deer pants for the waters, so my soul longs after you”. Longing is a deep desire, an intense thirsting just to have the object of your desire. When you long for the law, you will do the law. When you long for God, you will do what God asks you to do. And you will be blessed!

Busyness is no excuse for not longing after God. If you are so busy that you cannot long for God, something is wrong. If you want to live in the blessing, you have to turn things around and say, “I may be busy, but I need to have a heart that longs for God.” Remember the story of Mary and Martha? Jesus came to their home and Martha was busy doing different things, but Mary chose

to sit at the feet of Jesus. Martha came to Jesus and said, “Teacher, don’t you care that she is leaving me to do all the work?” But Jesus said, “Mary has chosen what is better and it shall not be taken away from her.” The better thing is to long for God. Then, the blessing comes.

Realise this – God is the One who gives you the ability to create wealth. It is not based on your own intellect or

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ability. I am not saying you don’t have to work, but understand this fundamental: God gives us the ability, the strategies, the ideas and the open doors to create wealth. And how does that happen? It happens when we delight in His laws.

“And on His law, he *meditates* on it day and night.”

What do you think of when you hear the word ‘meditation’? If you are like me, you associate it with all the kung-fu movies, where this guy goes into isolation for years, and then comes out with a head full of white hair.

As a child, I was once beaten up so badly I had to be warded in hospital. After that, I vowed to myself that I would bash the daylights out of them by the time we were in Primary Six. I had my parents enrol me in judo, taekwondo, and other martial arts. I was even in the lion dance troupe! I picked up three forms of martial arts just so that I could trash them. By age 12, I had a brown belt, and at age 14, I went to Korea for my taekwondo black

belt. And true enough, when we were in Primary six, I bashed them up.

I share this with you not to glorify my past, but because of those years of martial arts training, I had a different understanding of meditation. I was taught to empty my mind, to breathe deeply, to bring myself into a state of calm and control. Today, I repent of that, for the moment you empty your mind, you open it to the devil. **Christian meditation is not about emptying your mind, but saturating it with the word of God.** To 'meditate' also means to declare, to speak. You declare the word of God so that the word of God saturates your life. And as the word of God takes precedence in your life, you will speak it.

To 'meditate' in Hebrew also means to utter or mutter. I went to the supermarket with my wife just before Chinese New Year, and man, it was a riot! You must understand one thing – I hate crowds, and it was awfully crowded! A lady wheeled her trolley over my shoe – just the very thing I hate! She said "sorry, sorry", and I thought to myself, "Didn't see ah?" Then it happened a second time. This time, I muttered, "Stupid lady". Then I realised I was being negative. I remembered this sermon and realised I shouldn't say that! Immediately, I began to mutter to myself, "Love your enemies, love your enemies!" I began to mutter the word of God so that the word of God could take pre-eminence in my life. I didn't want to allow negative feelings, or the schemes, designs, plans and purposes of this world to accompany me. Even in the intensity of pressure, anger, frustration and exasperation, bless your enemy. As you start muttering the word of God, you will start blessing them.

The word of God takes pre-eminence until faith arises. Faith arises, and that causes action. You act upon it, and then comes the manifestation. When manifestation takes place, the blessings flow.

And before you know it, you would have moved from survival to prosperity.

This is how you move from survival to prosperity: The word of God takes pre-eminence until faith arises. Faith arises, and that causes action. You act upon it, and then comes the manifestation. When manifestation takes place, the blessings flow.

The busier you are, the more you should mutter. It should be spoken just under your breath: "Jesus... Jesus..." Meditate on Jesus. Call upon Him, "Lord, Your word says I will be blessed and my household will be



blessed. Lord, You say that I am the head and not the tail." Begin to speak and mutter it under your breath. Allow God's word to saturate you. Christian meditation is the antidote against the designs of the wicked.

"...He meditates on it *day and night*".

The phrase 'day and night' is used here poetically, meaning in a continuous manner without ceasing. Whether or not you are busy, continually meditate on God's word. Speak it out and let the word of God build

your spirit man. **We all want the blessing, but if we don't delight in the presence of God and meditate on His Word on an ongoing basis, how can God bless us?**

In John 15, Jesus said, "If you abide in Me and My word abides in you, ask anything and it shall be given you." How can the word 'abide' in you? Meditate. Then when you ask God of anything, it shall be done. That's the blessing. That's abundant living!

"He is like a tree *planted* by streams of water..."

To be 'planted' means to be established. Many of us are busy shuttering all over the place because we are concerned about job security. We think that in order to secure our job, we had better put the other guy down. We allow the counsel of the wicked to accompany us. But there is no need for such things; the Bible says you will be planted. It means that you – your career – will be established by God.

Your job security is based on the establishment of God in your life.

Friends, your job security is not established by the works of your own hand, nor by politicking, nor climbing the ladder, nor skill set nor core competency. Your job security is based on the establishment of God in your life. It has to do with the endowment of heaven. To be 'planted' can also mean to be transplanted. If you are in the desert, God will transplant you to another

place – the place of life – where there are streams of water. Some of you have lost jobs because God wants to transplant you. If God didn't move you, you would never have moved. He wants to transplant you and give you life. As you delight in Him and as you meditate upon the word of God, God Himself will establish you.

“...which yields its *fruit* in season...”

This means you will enjoy the fruits of your labour. You will have offspring, and experience posterity. Some of us labour and try to find shortcuts in our career. You try a lot of things, but you are not getting the results and the rewards that you want. Abundant Living releases fruitfulness so that you experience results and rewards in your life.

“...which yields its fruit in *season...*”

'Season' denotes a concept of time. There are three concepts of time:

- Chronos, the sequential moment, which has to do with the daily sequencing of events;
- Kairos, the God-moment. It is an opportune time. When the window opens, you dive in and take that which God has given to you.
- 'Season', which means an appointed time. An appointed time is not about you doing but what God does. You cannot make the tree grow faster. You



by the grace of God, when the outpouring of grace comes in, God calls it to be quickened. Then you taste the fruits and see results.

God has an appointed moment for us. **These turbulent times we are living in is our appointed time to enter into abundant living.** Why? Because the world needs to see the Joseph anointing upon our lives.

“... and whose leaf does not *wither*”

This means that there is no element of the spirit of death. Despite drought, its leaves are evergreen. Despite harsh weather conditions, its foliage is luscious. That's life! This is the promise of God.

The life of God's appointment

The blessed life is a life of God's appointment, God's ordination. God sets things into place, and says 'now'. That's why the Bible says, today is the day of salvation. Today, you will be blessed. Today you will be healed. Some of us may say, "Pastor Dom, don't you know what we are going through?" It is not that we dismiss the realities. Don't go into denial or feel shameful about it. Recognise where you are now, but also recognise that God has ordained for you to step into abundant living where you will be blessed.

Recognise that God has ordained for you to step into abundant living where you will be blessed.

It is very important for us to hear God's report for us, and to recognise the appointment of God. I want to say prophetically here that **God has appointed you right now to experience a shift from where you are to where He will take you. There is the shift in the heavenlies where things will be moved in such a way that you will be astounded.** It is not through the works of your hand but by the very grace of God. All you need to do today is to say "I receive God's ordination for me now."

Receive it and step into it!

I sense that this is the prophetic word for us to step into. God is about to pour this into your life and cause you to stand as a testament of His endowments of favour and

prosperity. This is the appointed time for you to bear fruit, see results and receive His rewards.

As you read and hear the declaration of this word, learn to appropriate it. It is important for you to say, "I acknowledge it, I appropriate it, I receive it, I believe it, I settle it in my heart – 'Blessed is that man and woman, and **I am that blessed man and woman!**'"

Let's pray:

Father, move upon the hearts of men and women, and do a deep work right now. Lord, let there be an overflow, a continuous flow of Your appointment into our lives. Teach us to hunger after You. Teach us to long for You. Teach us to declare Your word into situations. Teach us not to be accompanied by the schemes of the enemy. Teach us to be accompanied by Your plans, Your purpose, Your voice, Your word. Teach us to put Your word as pre-eminent into our life, that we may live not in survival mode but in the abundant prosperity of heaven. Lord, today I call everyone who reads this message blessed of God. Meet them right now, and endow them with heaven's blessings. We receive it in Jesus name, amen.



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